



## 2026 RULES AND REGULATIONS

1. Material used should be based on the N.D.C.A. syllabus, Fred Astaire and Arthur Murray social step list, or any approved syllabi of member organizations of the N.D.C.A.
2. Following categories pertain to Pro-Am and Amateur American Free Styles only:

Newcomer (1 <sup>st</sup> Time Only)	1 through 5	Intermediate Silver	1 through 8
Pre Bronze	1 through 5	Full Silver	1 through 10
Intermediate Bronze	1 through 8	Intermediate Gold	1 through 8
Full Bronze	1 through 10	Gold	1 through 10
Pre Silver	1 through 5	Advanced	Gold Bar and Gold Star

Following categories pertain to Pro-Am and Amateur International Free Styles only:

Pre Bronze thru Closed Gold - any approved syllabi of member organizations of the N.D.C.A.  
Open Gold and Advanced - there are no restrictions other than the use of lifts.

**Closed Championships and Closed Scholarships** are restricted to Bronze, Silver, and Gold/Adv Students Only, Students may dance in only One Closed Scholarship (Bronze or Silver) per Style but may dance in both age categories if applicable, It must be in the Highest level in which they entered, Example: If the student enters the Levels Full Bronze and Pre Silver the student may enter the Silver Closed Scholarship Only. Material used should be based on the N.D.C.A. syllabus, Fred Astaire and Arthur Murray social step list, or any approved syllabi of member organizations of the N.D.C.A.  
Student dancing in the Silver Closed Scholarship may dance in the open Scholarship in the same style.

**Scholarship Qualifications:** In order to compete in Scholarships, you must dance in the same dances in the freestyles either closed or open per Scholarship.

3. Pro-Am & Student/Student Age Divisions- you may enter in two consecutive age divisions. Age divisions can be found on each entry form.
4. LEVEL OF DANCE in American and International Style- Pro-Am or Amateur Couples  
You may dance up to three levels in the closed freestyles and two levels in the open one-dance championships. The levels must be in consecutive order; you may not skip a level. Example: Int. Bronze, Full Bronze, and Pre-Silver.
5. Newcomer level free-style - open to students who have never competed in any type of a Ballroom competition.
6. No continuity style in Bronze.
7. AMERICAN STYLE DRESS CODE Pro-Am and INTERNATIONAL STYLE DRESS CODE  
Pro-Am - costumes are permitted at any levels.
8. In any category with fewer than three entries, the organizer reserves the right to eliminate the age and sex divisions and merge competitors into one open division.
9. Solo exhibitions critique sheets and scores will be available to studio personnel on Sunday at the registration desk.
10. Formations: maximum time limited to three (3) minutes for a single dance. Timing of routine shall begin and end with the accompaniment. Teams must consist of at least four (4) couples.
11. Maximum of TWO Solo Exhibitions per student will be accepted.
12. No Solo Exhibition is to exceed 2 minutes and 45 seconds. Music will be faded out after 2 minutes and 45 seconds.
13. Two teachers dancing with one student are entered as a regular exhibition.
14. Two amateurs dancing together can have two entries on Solo Exhibition plus the two in Pro-Am.
15. Drops are permitted in levels Gold and Advanced Pro-Am free style only. Drops are permitted in all levels of Solo Exhibitions.
16. Lifts are permitted in all Solo Categories.
17. PROFESSIONAL SHOWDANCE/CABARET CHAMPIONSHIP-  
Couples will be judged performing a solo routine of their own choice, not to exceed four minutes, including walk-on and walk-off music. Therefore, all competitors entering this event must come prepared with their own special music on a flash drive.

18. Cancellation/Refund Policy:
  - Cancellations received prior to the event will be issued a refund within 30 days after the event.
  - NO REFUNDS will be granted during the event. Instead, credit will be given toward next year's event.
19. A panel of invigilators may be used for all restricted categories. These categories will be strictly supervised and competitors committing infraction will be warned once, then disqualified.
20. No responsibility for loss or theft of articles left in changing rooms, ballroom, or hotel rooms can be accepted by the organizer or the N.D.C.A., neither can they be held liable for injury sustained by persons attending the CBC Dancesport event. Everyone does so at his or her own risk.
21. Everyone attending this event, whether as spectators or as Officials or as Competitors or guests of the Organizer, shall be bound by N.D.C.A. rules, and by participating in the CBC Dancesport event automatically become obliged to adhere to them.
22. Professionals competing in any capacity must be currently registered with the N.D.C.A. and supply the Organizers with an official registration number on our entry forms. All amateur couples who are dancing must be currently registered with U.S.A.B.D.A. and supply the Organizers with an official registration number on our entry forms.
23. Registration Forms are available NDCA.ORG
24. For complete details and rules for the Best of the Best Dancesport Challenge, visit [BestoftheBestDancesport.com](http://BestoftheBestDancesport.com).
25. All 2026 CBC Dancesport vouchers must be redeemed before 8/19/26 in order to be valid. They are not redeemable at the event.
26. EARLY REWARDS ENTRY DEADLINE RULES!
  - Earn additional points by getting your entries and at least 50% payment in by the competition's Early Rewards entry deadline of July 31, 2026. Receive 1 additional point for every single dance entry and 3 additional points for each multi dance.
  - Early Rewards Points only count toward the CBC Dancesport Top Teacher prize money.
27. TOP TEACHER POINT SYSTEM – IMPORTANT PLEASE READ  
Top Teacher Prize Calculation: Top Teacher placement will be calculated based on total number of points accrued (see rules on points) throughout the event.
28. The highest-scoring Showdance Solo, the highest-scoring Showcase and the highest-scoring Theater Arts routines will each represent CBC Dancesport and qualify to enter the Best of the Best Dancesport Challenge Finale at the 2026 Ohio Star Ball.
29. To qualify for Pro-Am Multidance events, a student must enter a minimum of 4 Smooth and 5 Rhythm, Ballroom, or Latin Pro-Am single dances per Multidance event entered. IF YOU ALREADY HAVE SINGLE DANCES FOR SCHOLARSHIP EVENTS, THEN YOU'RE NOT REQUIRED TO ADD MORE SINGLE DANCES FOR THE MULTIDANCE EVENTS.

## **COMPETITORS CONDUCT**

1. While on the competition premises, competitors shall conduct themselves in a civil, sportsmanlike manner at all times.
2. It is the competitor's responsibility to be in attendance in advance of the advertised time scheduled for the events they are entering.
3. Competitors entering the CBC Dancesport event shall accept as final the individual markings of the Judges and no appeal against them may be made, except when it can be shown that the actual markings have been incorrectly interpreted.
4. No competitor shall harass or question a judge about his/her personal reasons for marking.
5. Any competitor who removes any of the master scrutineer sheets without the permission of the Organizers shall render himself liable to disciplinary action.
6. The Organizers of CBC Dancesport reserves the right to reject the application of any competitor who has violated any of the above rules of conduct in any recognized N.D.C.A. event.